

Mom's Moments

A newsletter for moms to share stories, resources, scripture, thoughts, recipes and practical ideas to encourage each other as we connect and navigate our roles as women and mothers. Send contributions to anna@momsmoments.ca.

In our Family

Traditions in our home and ideas for yours!

Each of us has our own Christmas traditions, some are carried over from our parents and some are unique ideas of our own. Growing up in my family, the start of the Christmas season was marked by putting up our old, artificial tree that my parents bought at a yard sale when I was two. They still put it up to this day - droopy branches, faded tinsel, duct tape and all! As children, my mom would buy us each an ornament every year, in hopes that one day we'd have our own tree and our own family to bless with the collection of ornaments.

When I first hung these ornaments on my own, brand new artificial tree, I had a "full-circle" moment, and I knew I would carry on the tradition for my children. With two boys, the Batman and Bob the Builder ornaments are a little different from my angels, Minnie Mouse and princess ornaments, but they go together perfectly on my tree!

A unique tradition for me has been to keep a Christmas Blessings Book - each year we add a family picture and a list of blessings for that year. It's amazing to look back and see all that has happened in our lives so far, and to have a place to record future adventures! (I use a mini photo album that holds one picture per page, and I glued on Christmas fabric to recover it.) - Anna

Good Eats!

Here's a recipe from my mom-in-law, which my husband now makes for me (and our kids)...boy did he get in trouble when I was pregnant with our first son, and discovered he COULD make these, but just HADN'T yet! Enjoy!

ARROWROOT SQUARES

Mix in large saucepan:
1/2 cup margarine/butter
4 Tbsp. brown sugar
2 Tbsp. cocoa

Blend over low heat. Remove from heat and add

two beaten eggs. Return saucepan to heat and cook until thickened - like pudding. Add 30 broken arrowroot cookies. Mix and chill to set. When squares are set, top with icing.

Icing

1/4 cup margarine/butter
2 cups icing sugar
1 tsp. milk
1/2 tsp. vanilla
Stir all ingredients together to spreading consistency.

A Quiet Moment

"For God so loved the world that He gave His one and only Son, that whoever believes in Him shall not perish but have eternal life." John 3:16

Christmas is about giving. It started with a loving God, giving His only son, to us, a gift. Each one of us is given the same gift, no matter who we are or what we do. May we open the gift carefully, so as not to rip its beautiful wrapping. How has God wrapped his gift of love for you? May we use the gift wisely, and spread God's love. How has He spread His love to you? Look for His gift this holiday season. Jesus is given to you, He is your gift. He is wrapped in a love that reaches around the world. We were all given this gift of love, it is ours to enjoy! God bless us everyone! - Anna

Free Fun! Discover your public library

The library has become a wonderful contributor to the entertainment aspect of our lives. We go once a week for videos and books, and pay not a cent for hours of fun (unless we incur late fees!) There is a vast wealth of knowledge waiting at the library on any subject - cookbooks to fiction novels to magazines. No more need for pricey subscriptions or bookstore prices! Just remember to return them on time!

A Note from Anna

I appreciate any feedback you'd like to give, or contributions to any section of this newsletter. A couple of wonderful friends of mine have suggested an email version of this newsletter (which you are now sampling!), or possibly a blog format instead of an actual "snail mail" newsletter. Please let me know which you'd prefer since all are very do-able for me, and I hope to have all three formats going in the new year. Thanks! anna@momsmoments.ca.

**MERRY
CHRISTMAS
LADIES!!**